

Stroke victim reaches for the stars



■ Sue Ross with PR guru Nick Ede

A **STROKE** survivor has been mixing it with some famous faces as she continues to raise awareness of the condition.

After suffering two strokes which left her paralysed from the neck down at 26, Sue Ross has been speaking about her experience in front of celebrities including *Blue Peter* presenter Konnie Huq and *Strictly Come Dancing* professionals Brenda Cole and Camilla Dallerup.

Hosted in aid of the Stroke Association by public relations and style consultant Nick Ede, dubbed "the Simon Cowell of the PR world", the Hitchin resident attended 'A Night with Nick' in London to explain

how the association can support those affected by strokes.

The 43-year-old, who has been offering free 'Lifegeta' workshops in *Comet* country since March to offer emotional support to stroke sufferers, said: "Seventeen years ago when I had my stroke I thought it was 'game over', but here I am today being able to talk about Stroke Awareness and help people move forward emotionally, with my workshops.

"Without the support of *The Comet* the message that there is 'life after stroke' wouldn't have reached so many people."

Sue's next workshop takes place at the Holiday Inn in Stevenage on February 17 next year.

For more information, or to be placed on the waiting list visit www.lifegeta.co.uk or email Sue at sueross@lifegeta.co.uk



■ Sue pictured with her carers Paula Chapman and Bridie Jenison and *Blue Peter* presenter Konnie Huq (front left)

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